

SHEELY

Chiropractic Clinic



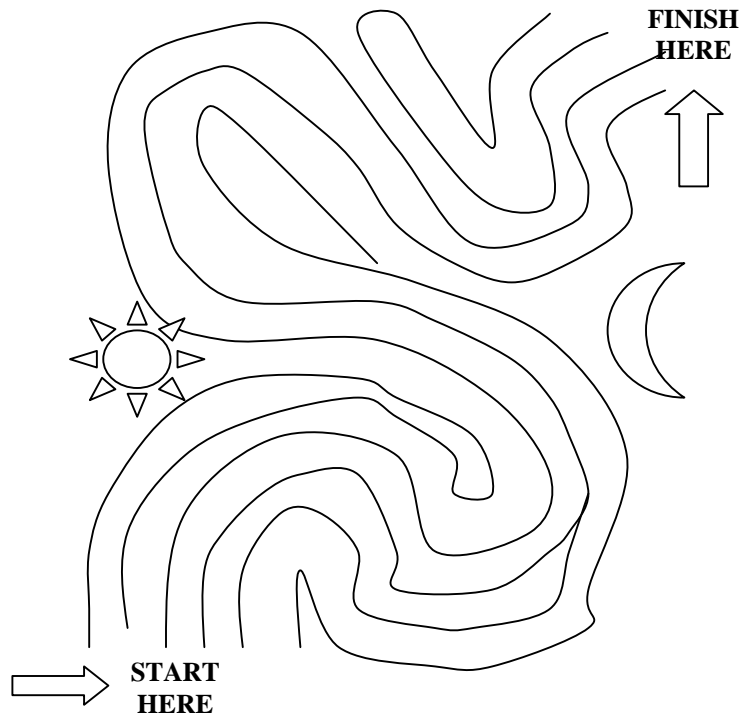
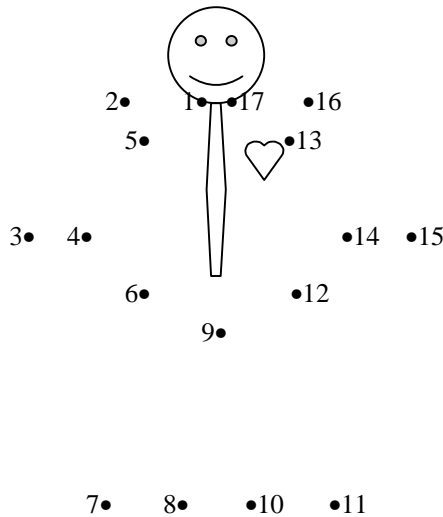
coloring
book

and

children's
activities

Children's Activities

Connect the dots



word search

WORD SCRAMBLE

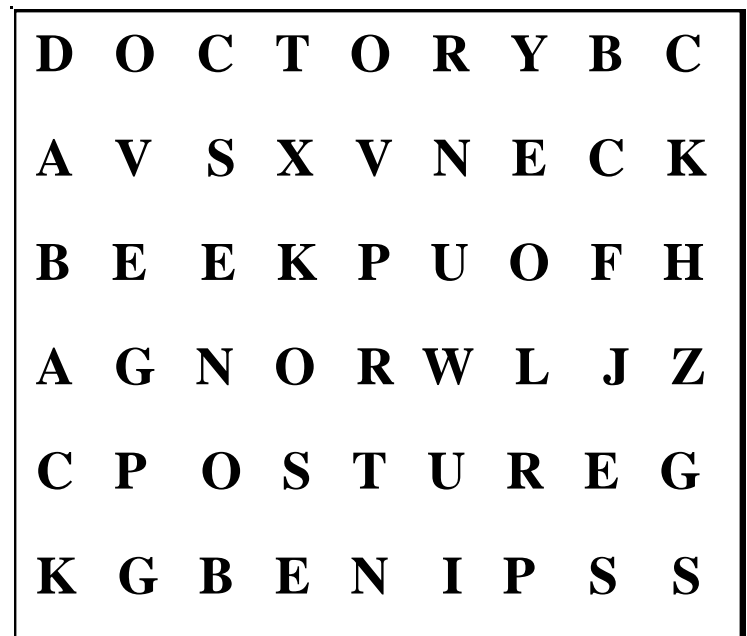
Unscramble these healthy habits

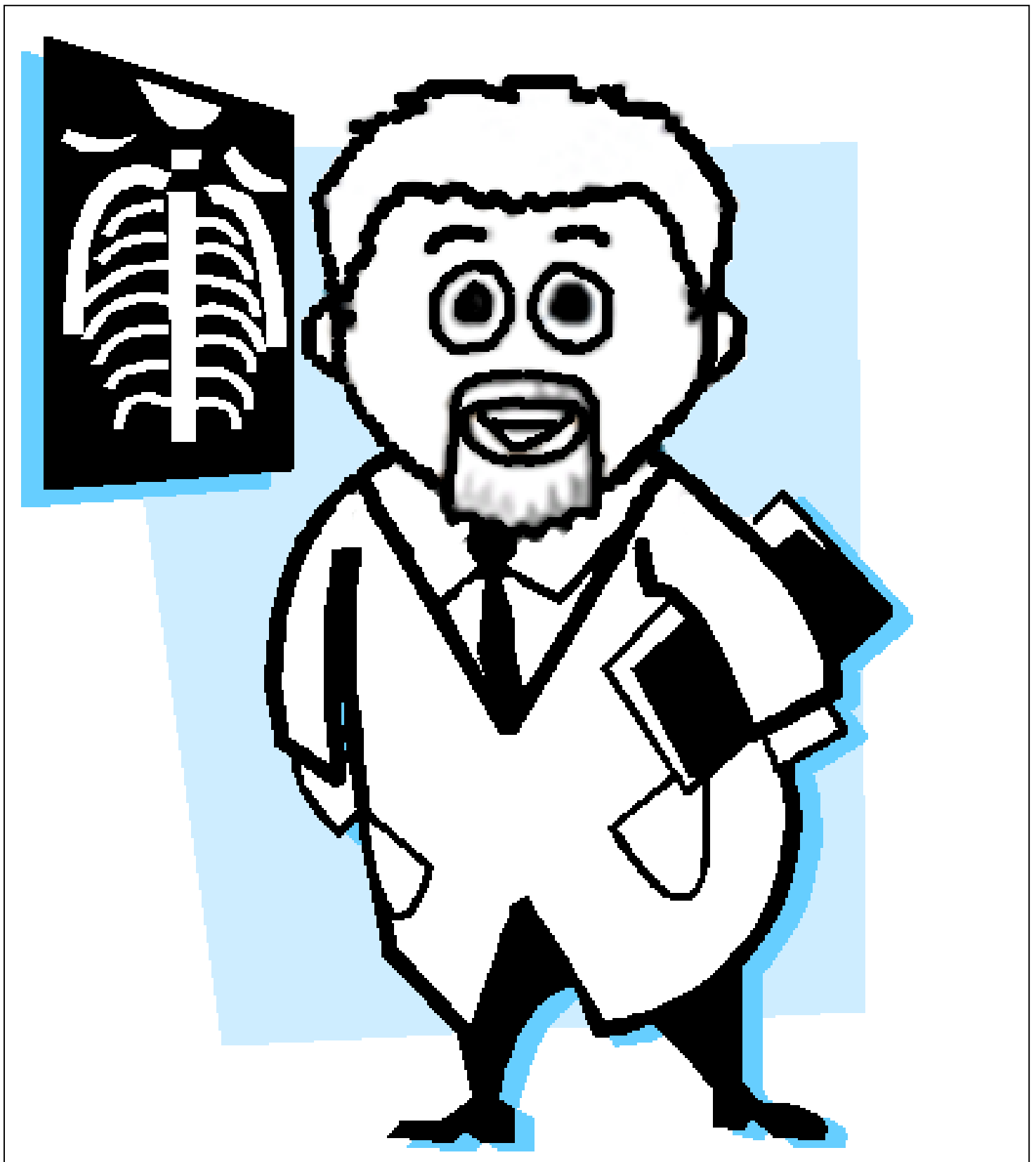
1. KLAWNGI _____
2. EESPLIGN _____
3. TRAW E _____
4. TAVIMNIS _____
5. XERESCIE _____
6. GHGINLUA _____
7. DAREGNI _____

**ANSWERS: 1. WALKING
2. SLEEPING 3. WATER
4. VITAMINS 5. EXERCISE
6. LAUGHING 7. READING**

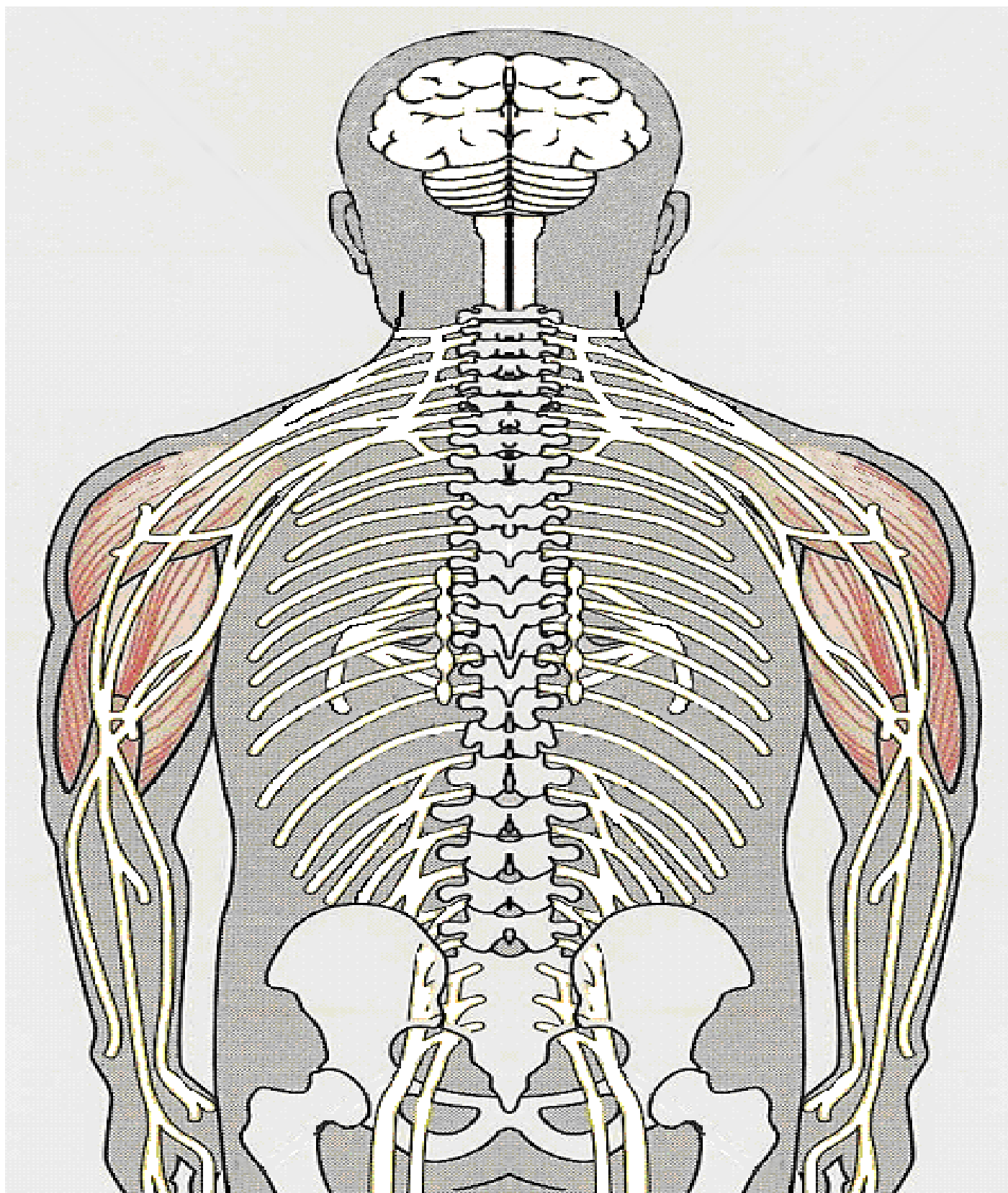
Can you find these words...

BONES, POSTURE, BACK, NECK,
DOCTOR, SPINE

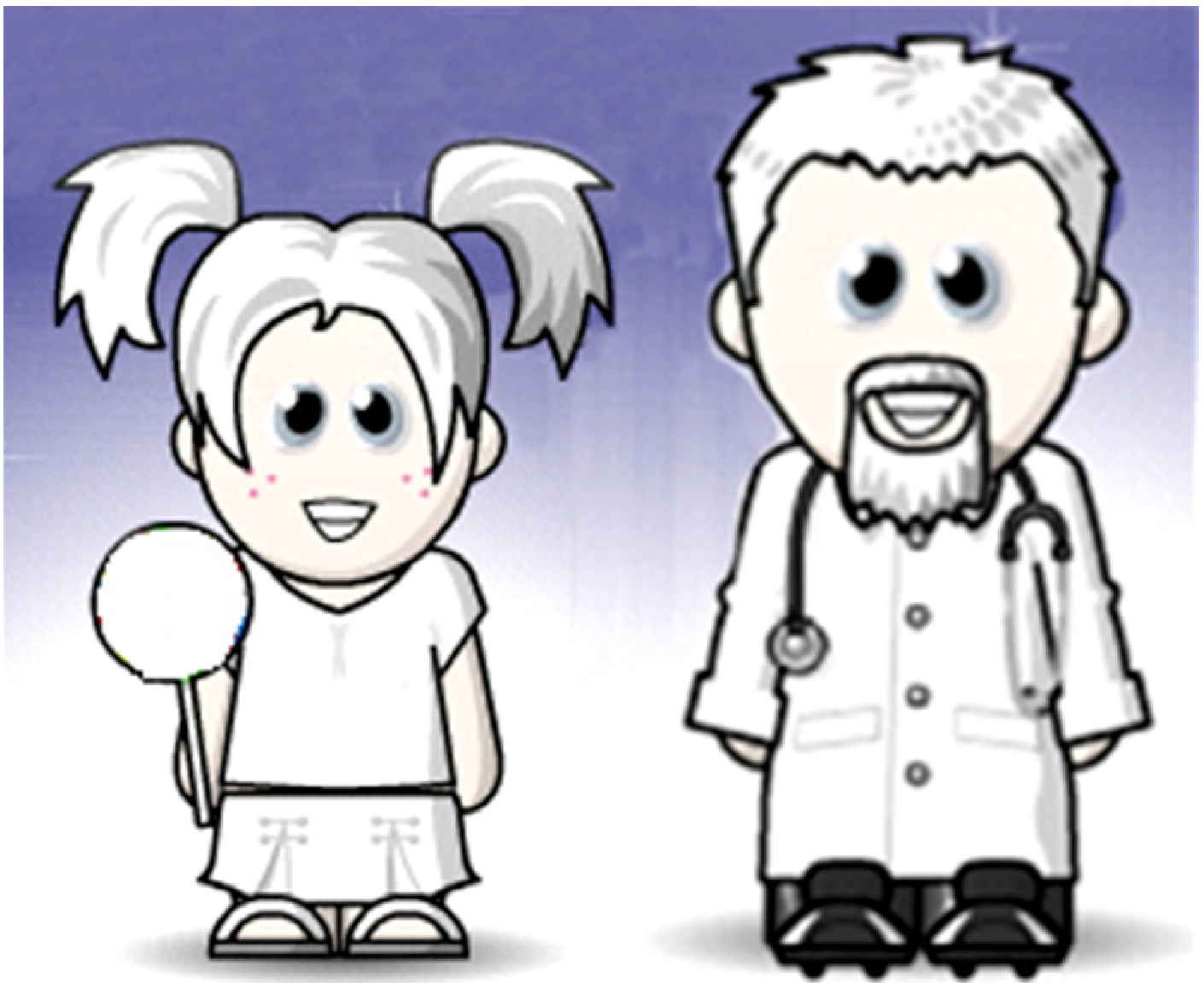




THIS IS DR. SHEELY AND HE IS A CHIROPRACTOR. HE
KEEPS YOU HEALTHY BY KEEPING YOUR SPINE
HEALTHY. DO YOU SEE THE SPINE IN THE X-RAY?



THE SPINE IS YOUR BACK BONE AND INSIDE IT
ARE NERVES THAT GO TO ALL PARTS OF YOUR
BODY.



WITH A HEALTHY SPINE, YOU'LL BE FEELING FINE.



WHEN YOUR SPINE IS OUT OF LINE, YOU MAY
FEEL PAIN IN YOUR BODY.



IT MAY BE A HEADACHE, A BACKACHE, NECK PAIN, OR OTHER PAIN IN THE BODY.



AFTER A FEW ADJUSTMENTS FROM DR. SHEELY,
YOUR SPINE WILL BE HEALTHY AND YOU WILL BE
FEELING FINE AGAIN.