Lumbar Range of Motion

Digitally Tested with Dueler Inclinometer Instrument

Patient Name:	John Sample
Account Number:	2006-00197
Date Test Performed:	February 2, 2006

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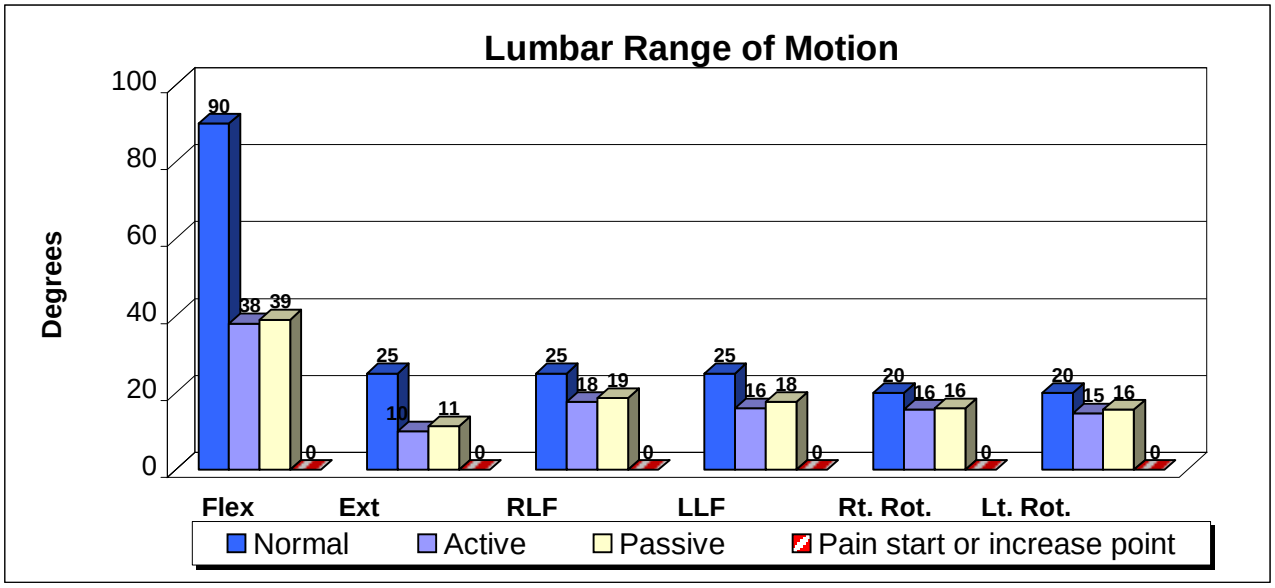
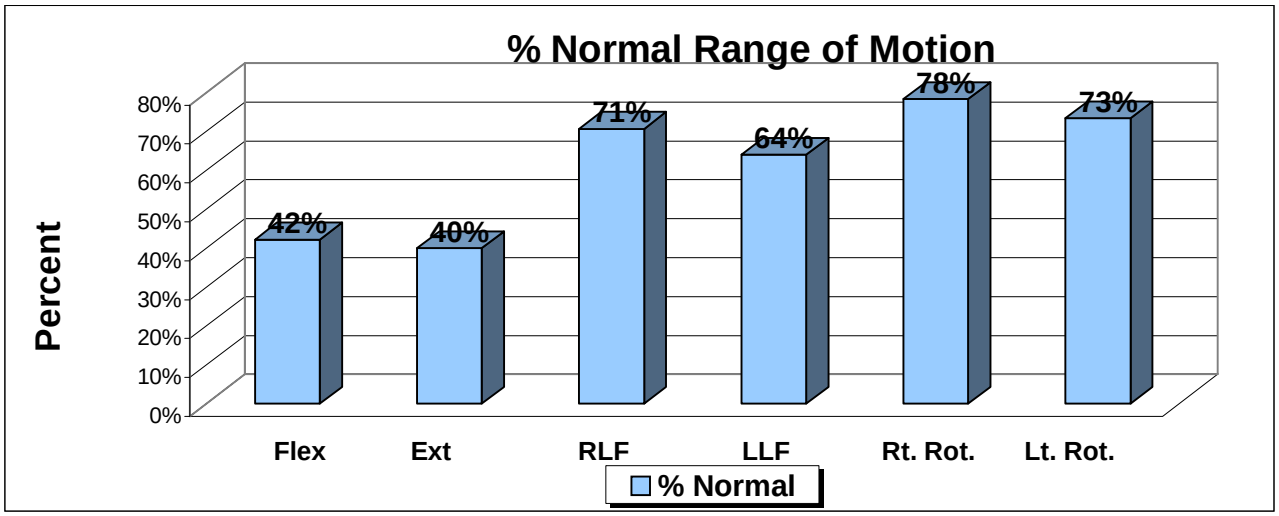
Tested as needed in units of Flexion - Extension, Rt. - Lt Lateral Flexion, and Rt.- Lt Rotation

Lumbar Spine Range of Motion

Patient Measurements		*Normal*	*#1*	*#2*	*#3*	*Active*	*#1*	*#2*	*#3*	*Passive*	*% Normal*	*Pain start or increase pt.*	*Pain*
Flexion (Flex)	unit 1	90	37	38	39	**38.00**	38	39	40	**39.00**	42%	0	mild
Extension (Ext)		25	9	10	11	**10.00**	11	11	12	**11.33**	40%	0	mild
Rt Lateral Flex (RLF)	unit 2	25	17	18	18	**17.67**	18	19	19	**18.67**	71%	0	mild
Left Lateral Flex (LLF)		25	15	16	17	**16.00**	17	18	18	**17.67**	64%	0	mild
Rt Rotation (Rt. Rot)	unit 3	20	16	15	16	**15.67**	15	16	17	**16.00**	78%	0	mild
Lt Rotation (Lt. Rot.)		20	14	15	15	**14.67**	15	16	16	**15.67**	73%	0	mild





Range of motion testing was performed with a digital dueler inclinometer, the most accurate form of measurement for spinal range of motion. The measurements were recorded three times with the average used for both active and passive ranges to provide the most accurate testing results. The first graph shows normal range, active range, passive range, and a pain rating line. The pain rating line indicates the degree at which the patient perception of pain starts or increases. The second graph shows percent of normal.